Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan by calling 1-800-828-3116 or at https://policy-srv.box.com/s/86m8z29r9z44yb6lp5d1d7zxzxa0tiaq

Important Questions	Answers	Why this Matters:		
What is the overall deductible?	<b>\$0</b>	You must pay all the costs up to the <u>deductible</u> , amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .		
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.		
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. For PPO: \$2,000 Individual/\$4,000 Family For Non-PPO: \$4,000 Individual/\$8,000 Family Prescription Drug Expense Limit: \$1,000 Individual/\$3,000 Family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.		
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, balance billed charges, and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .		
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. Visit <u>www.bcbsil.com</u> or call <b>1-800-828-3116</b> for a list of participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .		
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see a <b>specialist</b> you choose without permission from this plan.		
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .		

Questions: Call 1-800-828-3116 or visit us at www.bcbsil.com.

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use PPOproviders by charging you lower deductibles, copayments and coinsurance amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$25 copay/visit	20% coinsurance	none
If you visit a health	Specialist visit	\$50 copay/visit	20% coinsurance	none
care <u>provider's</u> office or clinic	Other practitioner office visit	\$25 copay/visit	20% coinsurance	Osteopathic manipulation services are limited to 30 visits per benefit period.
	Preventive care/screening/immunization	No Charge	20% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	20% coinsurance	none
	Imaging (CT/PET scans, MRIs)	No Charge	20% coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use an PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.bcbsil.com	Generic drugs	\$20 copay /retail Prescription. \$40 copay/mail order prescription.	\$20 copay /retail Prescription	34 day retail / 90 day mail  For Out-of Network drug provider you are responsible for 25% of the
	Formulary brand drugs	\$40 copay /retail Prescription. \$80 copay/mail order prescription.	\$40 copay /retail Prescription	eligible amount after the copay or coinsurance.  Dispensing limit may apply to certain
	Non-Formulary brand drugs	\$50 copay /retail Prescription plus 20% coinsurance. \$100 copay/mail order prescription plus 20% coinsurance.	\$50 copay /retail Prescription plus 20% coinsurance.	drugs.  Certain women's preventative services will be covered with no cost to the member. For a full list of these prescriptions and/or services, please contact Customer Service  Rx Out-of-Pocket Expense Limit: \$1,000 Individual/ \$3,000 Family
	Specialty drugs	20% coinsurance	Not Covered	Coverage based on group policy. Prime specialty only. Prior authorization may be required.  30-day supply per fill
If you have	Facility fee (e.g., ambulatory surgery center)	No Charge	20% coinsurance	none
outpatient surgery	Physician/surgeon fees	No Charge	20% coinsurance	none
If you need	Emergency room services	\$200 copay/visit	\$200 copay/visit	Copay waived if admitted.
immediate medical	Emergency medical transportation	No Charge	No Charge	none
attention	Urgent care	\$25 copay/visit	20% coinsurance	none
If you have a	Facility fee (e.g., hospital room)	\$50 copay/visit	50% coinsurance	Preauthorization applies.
hospital stay	Physician/surgeon fee	\$50 copay/visit	50% coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use an PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	No Charge	20% coinsurance	none
If you have mental health, behavioral	Mental/Behavioral health inpatient services	\$50 copay/visit	50% coinsurance	PCP copay applies for Psychotherapy office visit only.
health, or substance abuse needs	Substance use disorder outpatient services	No Charge	20% coinsurance	none
ususe needs	Substance use disorder inpatient services	\$50 copay/visit	50% coinsurance	PCP copay applies for Psychotherapy office visit only.
If you are pregnant	Prenatal and postnatal care	\$25 copay	20% coinsurance	Copay applies for the 1 <sup>st</sup> prenatal visit only.
you and programs	Delivery and all inpatient services	\$50 copay/visit	50% coinsurance	Preauthorization applies.
	Home health care	\$50 copay/visit	50% coinsurance	Preauthorization applies.
	Rehabilitation services	No Charge	20% coinsurance	Physical Therapy limited to 30 visits per benefit period. Occupational
If you need help recovering or have other special health needs	Habilitation services	No Charge	20% coinsurance	Therapy limited to 30 visits per benefit period. Speech Therapy limited to 30 visits per benefit period.
	Skilled nursing care	\$50 copay/visit	50% coinsurance	Preauthorization applies.
	Durable medical equipment	No Charge	20% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	\$50 copay/visit	50% coinsurance	Preauthorization applies.
	Eye exam	Not Covered	Not Covered	none
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
dentar or eye care	Dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic Surgery
- Dental care (Only available for accidental care)
- Hearing aids
- Long-term care
- Private Duty Nursing (with the exception of inpatient private duty nursing)
- Routine eye care (adults)
- Routine foot care (with the exception of person with diagnosis of diabetes)
- Weight loss programs

# Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care

- Infertility treatment
- Most coverage outside the United States. See <a href="https://www.bcbsil.com">www.bcbsil.com</a>
- Non-emergency care when traveling outside the U.S.

### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-828-3116. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-828-3116 or visit www.bcbsil.com, or contact the U.S Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <a href="http://insurance.illinois.gov">http://insurance.illinois.gov</a>.

### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.** 

## **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-828-3116.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-828-3116.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-828-3116.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-828-3116.

# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,240
- Patient pays \$300

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

### Patient pays:

<u> </u>	
Deductibles	\$0
Copays	\$100
Coinsurance	\$0
Limits or exclusions	\$200
Total	\$300

## Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,220
- Patient pays \$1,180

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$1,100
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$1,180

Note: These examples are based on individual coverage only.

## **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.